

TEENS YEAR 1 (SEC1) – CHRISTIAN LIFE

THEME	LESSON NO.	LESSON TITLE	SCRIPTURE TEXT
Lord of My Life	1	Lord Who Reveals	John 1:1-18
	2	Lord Of Creation	John 2:1-12
	3	Lord The Son	John 1:32-34, 49-51; 3:13-18, 31-36; 5:17-30
	4	Lord The Christ	John 1:19-28, 40-41, 45-51; 4:25-30, 39-42; 5:31-39; 7:25-31
	5	Lord Who Ministered	John 13:1-20
	6	Lord The True Vine	John 15:1-8
	7	Lord Of Believers	John 17:20-26
	8	Lord The King	John 18:33-19:23
	9	Lord Whom I Believe	John 20:19-29
	10	Lord Whom I Love	John 21:15-17
	11	Lord Whom I Follow	John 21:18-23
Current Issues of Life	12	Is There Right And Wrong?	John 17:17; Romans 1:18; Judges 21:25
	13	Is The World A Product Of Chance?	Genesis 1:1, 31; Romans 1:18-23; Hebrews 11:3
	14	Is Sexual Purity The Right Way?	Hebrews 13:4; 1 Thessalonians 4:3-5; 1 Corinthians 6:18-20
	15	Is Homosexuality Acceptable?	1 Corinthians 6:9-10; 1 Timothy 1:8-10; Romans 1:26-27; Leviticus 18:22; 20:13; 2 Peter 3:9
	16	Is It Okay To Consume Alcohol?	Proverbs 20:1; 1 Peter 2:9
	17	Is CCM Acceptable?	Colossians 3:16; 2 Corinthians 6:14-18
	18	How Should I Use Technology?	1 Corinthians 6:12; 10:31; Hebrews 10:24-25
	19	How Do I Deal With Stress?	Isaiah 46:9-11; Matthew 6:25-34; Philippians 4:6-7
	20	How Do I Deal With Bullies?	Exodus 20:13; Proverbs 31:8-9; Psalm 10:18; Matthew 5:38-48; Romans 12:17-21
	21	May I Participate In Secular Movements?	Judges 21:25; Romans 13:1-7; Matthew 5:13-16
	22	How Should I Use My Christian Liberty?	1 Corinthians 6:12; 8; Romans 14:1, 13, 19
God's Design for My Life	23	Vanity Of Life	Ecclesiastes 1:1-2:23; 5:15-16
	24	Duty Of Life	Ecclesiastes 12:13-14
	25	God's Hand In My Life	Ecclesiastes 3:1-15; 6:10; 11:5
	26	Enjoyment In Life	Ecclesiastes 2:24-26; 5:18-20; 8:15; 9:7-9
	27	End Of Life	Ecclesiastes 3:16-22; 9:2-3; 11:9-10
	28	Stewardship Of Life	Ecclesiastes 9:10; 12:1-8; Psalm 24:1; 2 Corinthians 5:15
	29	Success In Life	Ecclesiastes 2:4-11; 9:10
	30	Worth Of My Life	Genesis 1:26-27; Psalm 139:14; Luke 12:7; Romans 12:3.
	31	Place In Societal Life	Ephesians 6:1-3; Colossians 3:22-25; 4:5-6; Romans 13:1-7; 1 Peter 2:13-17
	32	Spouse In Life	Gen 1:27; 2:18-25; Ecclesiastes 7:26-29; 1 Corinthians 7:25-40

	33	God's Will For My Life	Psalms 25:4-5, 9, 12; 40:8; Ephesians 5:15-17
An Empowered Life	34	Having A Relationship With The Holy Spirit	1 John 5:7; various
	35	The Holy Spirit Saves Me	Matthew 22:14; John 3:1-8; 6:44-45; 1 Corinthians 6:19; Romans 8:9, 29-30
	36	The Holy Spirit Assures Me	Romans 8:14-17; 2 Corinthians 5:5; Ephesians 1:13; 4:30
	37	The Holy Spirit Controls/Governs Me	Galatians 5:25; Romans 8:1-11; Ephesians 5:18
	38	The Holy Spirit Sanctifies Me	1 Corinthians 6:19-20; John 17:17; Galatians 5:16-18; Romans 8:1-13
	39	The Holy Spirit Produces Fruit In Me	Galatians 5:16-26
	40	The Holy Spirit Comforts Me	John 14:16-18, 26-27; 15:26-27; 16:7-16
	41	The Holy Spirit Teaches Me	John 14:16-17, 26; 15:26; 16:13; 17:17
	42	The Holy Spirit Helps Me In Prayer	Romans 8:26-27; Ephesians 6:18
	43	The Holy Spirit Gives Me Spiritual Gifts	Romans 12:6-8, 1 Corinthians 12:4-11, 28-30, Ephesians 4:11-13
	44	Offending The Holy Spirit	Hebrews 10:29-31

TEENS YEAR 2 (SEC 2) - FAITH

THEME	LESSON NO.	LESSON TITLE	SCRIPTURE TEXT
Saving Faith	1	Faith That Is Tested Through Trials	James 1:1-18
	2	Faith That Obeys The Word	James 1:19-25; 5:19-20
	3	Faith That Judges Rightly	James 2:1-13
	4	Faith That Is Proven By Works	James 2:14-26
	5	Faith That Governs Speech	James 1:26; 3:1-12; 1:26
	6	Faith That Is Wise	James 3:13-18
	7	Faith That Is Humble Before God	James 4:1-12
	8	Faith That Depends On God	James 4:13-17
	9	Faith That Denies Worldliness	James 1:27; 5:1-6
	10	Faith That Patiently Waits	James 5:7-12
	11	Faith That Prays	James 5:13-18
Rule of Faith and Practice	12	Where Did The Bible Come From?	2 Timothy 3:16; 1 Peter 1:21
	13	Is The Bible Today Perfect?	Psalms 12:6-7; Matthew 5:18
	14	Which English Bible Is The Best?	1 Thessalonians 2:13
	15	So What If The Bible Is God's Word?	1 Thessalonians 2:13; John 17:17; Proverbs 30:5
	16	Is The Bible Still Relevant Today?	Hebrews 4:12; Romans 5:14
	17	Why Study The Bible?	2 Timothy 3:16-17; 1 Peter 2:2-3
	18	How Can I Rightly Divide God's Word?	John 14:17, 26; 1 Corinthians 2:10-16; Matthew 11:15; Psalm 138:2
	19	How Do I Rightly Divide God's Word? (Part 1)	2 Timothy 2:15
	20	How Do I Rightly Divide God's Word? (Part 2)	Deuteronomy 4:2
	21	Is God's Word In Me?	Psalms 19:10 119:97; Colossians 3:16
	22	Why Should I Obey God's Word?	James 1:22-25; Joshua 1:8; Deuteronomy 4:6-8
Testimony of Faith	23	Walk Worthy Of The Lord	Colossians 1:9-14; Ephesians 4:1
	24	Salt And Light Of The World	Matthew 5:13-16
	25	Show Forth Christ	Colossians 3:1-4; Galatians 2:20; Philippians 1:20-21; Ephesians 4:12-13; John 3:30
	26	Stand Up For Christ	Philippians 2:14-16
	27	Stand Firm In Christ	Matthew 10:16-39; 1 Corinthians 16:13; Ephesians 6:17
	28	Evangelise For Christ	1 Corinthians 15:3-4; Romans 1:16; 10:14, 17; 1 Thessalonians 2:3-5
	29	Show Kindness For Christ's Sake	John 13:34-35; Ephesians 4:29-32; Titus 3:2-3; Romans 12:17-21; 1 John 4:7-8
	30	Submit For Christ's Sake	1 Peter 2:13-21
	31	Be Friendly For Christ's Sake	Proverbs 18:24; 17:17; 2 Corinthians 1:12; Proverbs 13:20; 1 Corinthians 15:33; Colossians 4:5-6; 1 Peter 3:15
	32	The Mind Behind The Testimony	Romans 12:2; 2 Corinthians 10:5; Philippians 4:8
	33	An All Round Testimony	1 Corinthians 10:31
Men of Faith (Hebrews 11)	34	Offer To God As God Requires	Hebrews 11:4; Genesis 4:1-5
	35	Walk With God In An Ungodly World	Hebrews 11:5-6; Genesis 5:21-24; Jude 14-15
	36	Obey God In Action	Hebrews 11:7; Genesis 6:8-22; 2 Peter 2:5
	37	Live As Sojourners On Earth	Hebrews 11:8-10; Genesis 12:1-5; 23:4; 13-16
	38	Believe God's Promise Against Human	Hebrews 11:11-12; Genesis 17:15-21; 18:1-

	Impossibility	1
39	Follow God's Will For The Future	Hebrews 11:20-22
40	Choose God Despite Temptation And Opposition	Hebrews 11:24-27; Exodus 2:11-15
41	Gaining Spiritual Victory	Hebrews 11:30; Joshua 6
42	Treat Your Salvation Rightly	Hebrews 11:31; Joshua 2:1-21
43	Run Well The Christian Race	Hebrews 12:1-4
44	Look Unto Jesus	Hebrews 12:2-3

TEENS YEAR 3 (SEC 3) - CHURCH

THEME	LESSON NO.	LESSON TITLE	SCRIPTURE TEXT
Church Doctrines	1	Reformation Against The False Church	Rev 17:1-6
	2	Highlighted Doctrines Of The Reformation	Rom 1:17; Gal 3:10-14; Eph 2:20; Col 2:8; Acts 5:42; 1 Pet 2:5, 9
	3	Five Solas Of The Reformation	2 Tim 3:16; Eph 2:8-9; 1 Tim 2:5; Rom 3:27
	4	Five Points Of Calvinism	Rom 3:10-12; Eph 1:4-6; John 10:11, 25-29; 6:37-40; 1 Pet 1:3-5
	5	Sovereignty Of God	Isa 46:9-11
	6	Fundamentals Of The Faith	2 Tim 3:16; Ps 12:6; Isa 7:14; Matt 1:23; John 10:25, 38; Col 1:20-22; 2 Cor 5:21; 1 Cor 15:12-19; Rom 4:25
	7	Covenant Theology	Gen 2:16-17; 3:15; Luke 2:20; Rom 11:25-27; Rev 20:1-10
	8	Creeds And Confessions	Matt 16:16; Eph 4:3-6; 2 Tim 1:13
	9	Regulative Principle Of Worship	Psa 95:1-7; Deu 12:32; Acts 2:42; John 4:24
	10	Sacraments Of The Church	Matt 28:19; Luke 22:19-20; Rom 4:11; 1 Cor 11:27-30
	11	An Apologetic Life / Defending The Faith	Jude 3; Rev 6:9; 1 Pet 3:15-16
Church Life and Practices	12	Members Of The Church	Acts 2:37-41; Colossian 1:24; Ephesians 1:22-23; 5:23
	13	Head Of The Church	Colossian 1:14, 18; Ephesians 1:22-23; 5:23
	14	Worship Of The Church	Psalm 95:6-7, Hebrews 10:23-25; Exodus 20:8
	15	Doctrine Of The Church	Acts 2:42; Ephesians 2:20; 4:14; Hebrews 5:11-14
	16	Fellowship Among The Church	Acts 2:42; 1 John 1:1-7; Hebrews 10:23-25
	17	Remembrance By The Church	Matthew 26:26-29; Mark 14:22-24; Luke 22:19-20; 1 Corinthians 11:23-32
	18	Prayer Of The Church	Acts 2:42; 6:4; 12:5; James 5:16
	19	Service Of The Church	Titus 2:14; 1 Corinthians 12:7
	20	Great Commission Of The Church	Matthew 28:18-20; Acts 1:8
	21	Unity Of The Church	John 17:20-23; Acts 2:44-45; Ephesians 4:3-6, 12-16
	22	Overseers Of The Church	1 Peter 5:1-4
Church Distinctives	23	Why Are There So Many Christian Denominations?	Amos 3:3
	24	The Seven Roots Of The Bible Presbyterian Movement (I)	Jude 3; 1 Timothy 4:16
	25	The Seven Roots Of The Bible Presbyterian Movement (II)	2 Peter 1:12
	26	What Differentiates The BPC From The OPC?	2 Corinthians 6:14-7:1
	27	Why Do We Use the KJV?	Matthew 4:4
	28	What Is The BP Form Of Church Government?	Acts 15; Titus 1:5
	29	Why Do We Practice Infant Baptism?	Genesis 17:1-27
	30	What Are Some False Church Movements?	2 Chronicles 19:2; Matthew 24:24
	31	How Do We Keep Pure The BP Movement? (Part I)	2 Corinthians 6:14-18; 1 Timothy 3:15

	32	How Do We Keep Pure The BP Movement? (Part 2)	2 Corinthians 6:14-18; 1 Corinthians 13:6; Jude 1:3
	33	What Is The Future Of The BP Movement?	2 Timothy 2:2; Jude 1:3, 20
End of / After Church Period	34	Am I Being A Good Witness?	Acts 1:8; Ephesians 3:10
	35	Alive In Name But Dead	Revelation 3:1-6
	36	Am I Neither Hot Nor Cold?	Revelation 3:14-22
	37	How Do I Know That Christ Is Returning Very Soon?	Matthew 24:14, 23-24, 36-39; 2 Thessalonians 2:1-3; 2 Peter 3:3-13
	38	Am I Prepared For Christ's Return?	Matthew 24:36-39; 25:1-13, 14-30; Luke 12:35-40, 41-48; 1 Thessalonians 5:1-11
	39	What Is Israel's Place In God's Plan?	Zechariah 12:10-14; Romans 11:2, 5, 11, 26
	40	What Happens When Christ Returns For His Church?	1 Thessalonians 4:13-17; 1 Corinthians 15:52-53
	41	What Happens To Those Left Behind?	Matthew 24:21; 2 Thessalonians 2:3-12
	42	How Will It Be When Christ Rules And Judges?	Revelation 20:1-5
	43	How Can I Partake Of The Marriage Supper?	Revelation 19:7-9
	44	What Is The Believer's Eternal Home Like?	Revelation 21:1-22:5

TEENS YEAR 4 (SEC 4) - RIGHTEOUSNESS

CATEGORY	LESSON NO.	LESSON TITLE	SCRIPTURE TEXT
Righteousness of God	1	Lack Of Righteousness (of the law)	Rom 1:18-32; 2:14-15; 3:9-12, 23; 5:12
	2	Need Of Righteousness (of the law)	Rom 1:18, 32; 2:1-16; 3:20, 23
	3	Imputation of (Christ's) Righteousness	Rom 3:19-4:25
	4	Result Of (Christ's) Righteousness	Rom 5:1-11
	5	Servant Of Righteousness (of the law)	Rom 6
	6	Struggle In (Practical) Righteousness	Rom 7:14-25
	7	Spirit-Enabled (Personal Practical) Righteousness	Rom 8:1-17a
	8	(Perfect) Righteousness In Glory	Rom 8:17b-39
	9	Unrighteousness With God?	Rom 9:6-29
	10	Righteousness Of Faith	Rom 9:30-10:21
	11	A Righteous Consecration	Rom 12:1-2
Principles of Righteousness	12	Do The Ten Commandments Apply To Me?	Matthew 22:37-40
	13	Prioritize God Firstly	Exodus 20:3
	14	Prostrate Before God Accordingly	Exodus 20:4-6
	15	Pronounce God's Name Reverentially	Exodus 20:7
	16	Put Aside The Sabbath For God	Exodus 20:8-11; Isaiah 58:13-14
	17	Prize God Appointed Authorities	Exodus 20:12
	18	Preserve Precious Life	Exodus 20:13
	19	Purify Yourself From Sexual Sins	Exodus 20:14
	20	Protect Other's Property	Exodus 20:15
	21	Plainly Deal In Truth	Exodus 20:16
	22	Pleasure In God's Given Lot	Exodus 20:17
Practical Righteousness	23	Be Ye Holy	1 Peter 1:13-19; Ephesians 4:22-24
	24	The Progression Of Sin	James 1:13-15
	25	Safeguard Against Sin	Matthew 26:41; Psalm 119:11; 1 Thessalonians 5:22
	26	Armour Of God	Ephesians 6:10-18
	27	Quiet Time With God	Luke 5:16; Mark 1:35
	28	Repentance Of Sin	Psalm 38:18
	29	Holiness Against Worldliness	James 4:4; 1:27; 1 John 2:15-17
	30	Holiness In Spite Of Worldly Influence	John 15:18-21
	31	Be Holy In Thought And Speech	Philippians 4:8; Colossians 4:6; Ephesians 4:29; Luke 6:45
	32	Be Holy In Moral Conduct	1 Thessalonians 4:3-7; Galatians 5:19-21; 1 Peter 4:3; 2 Timothy 2:22
	33	Be Holy In Dressing	Genesis 2:25; 3:7; 1 Timothy 2:9-10
	34	Be Holy In Leisure	1 Corinthians 6:12; 8:9; 10:31
	35	How To Be Able To Make Godly Choices?	Proverbs 3:5-6; 14:12; Jeremiah 6:16; Psalm 119:105
	36	What Choices To Make?	Psalm 119:104; 1 Corinthians 10:31
YF topics	37-44	Prayer & Christian Fellowship	

