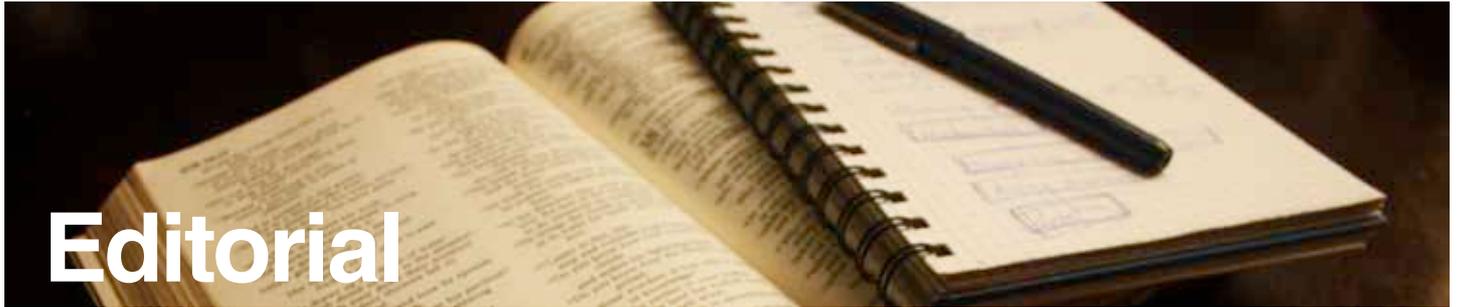


Arise!

Newsletter of the Rise Up Men of God Ministry

DECEMBER 2021 • ISSUE 1



All praise and thanks to the LORD our God for the first publication of the *Arise!* newsletter. May it be used by the LORD to exalt the Name of Jesus Christ our Lord and Saviour, and edify His saints.

The *Arise!* newsletter is produced by the *Rise Up Men of God* (RMG) ministry to share and promote fundamental and godly Christian literature, and to share the ministry with Christian men in an informal and personable manner.

The heart and heartbeat of the ministry

The mission of the Rise Up Men of God (RMG) ministry is to build up spiritual and godly Christian men, husbands, and fathers. In short, her mission is to build up strong Christians.

The strength of a Christian is seen in his strength of love and devotion to his God. The strength of his love and devotion to his God is seen in his obedience to his God. If he loves his God, he will keep His commandments. (John 14:15)

The first and great commandment is to love the Lord our God with all our heart, and with all our soul, and with all our mind (Matt 22:37-38). To love God is also to hate idolatry. The first prohibition in the 10 commandments is the prohibition of idolatry – we shall have no other gods before him (Exo 20:2). Every love in our life must be subsumed under our love for our God. The old manner of loving has ceased. It has been replaced by God's love.

Every godly Christian would desire to love his wife and children, and serve his God. The assumption is that every reader is, or at least desires to be, a godly Christian. In that case, he first has to learn to love his God in order to love his family and serve aright. The cart cannot be put before the horse.

Our Next Meeting

Date

Saturday 29 JAN 2022

Time

9am - 12.30 pm

Message

Stand Fast! (2 Thess 2:1-17)

Speaker

Rev Dr. Quek Suan Yew

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“The secret of the LORD is with them that fear him; and he will shew them his covenant”

- Psalm 25:14

It is with this thought that the programme and activities of the RMG ministry are planned and organised.

The Bones and Structure of the Ministry

The ministry is structured in this manner:

1. **To Edify and Exhort** (build up) – through Bible-based seminars and Pastoral Counsel
2. **To Equip** (resourcing) – through a newsletter introducing fundamental and godly Christian literature and resources
3. **To Encourage** (fellowship) – through post-seminar meals and other de-centralised activities

The first series of Bible based seminars “Rise Up Men of God!” is focused on building up the Christian’s own spiritual walk with his God. Thank God for the response during the inaugural meeting on 20th July 2021 (Tuesday, Public Holiday). There were those who attended the meeting in church, those who gathered together in various homes to attend or attended from their own homes, as well as our brethren from Calvary Jaya BP Church. See you at the next meeting on 29th January 2022 (Saturday) at 9am!

In line with the heartbeat of the ministry, the *Arise!* newsletter also kicks off her first series on Theism – the study of God. If we want to do and achieve anything for the LORD, we must first know our God. The Bible reminds us that “...but the people that do know their God shall be strong, and do exploits” (Daniel 11:32b). Read this issue’s articles and dig even deeper on your own!

The Layout of *Arise!*

The *Arise!* newsletter will be organised in the following sections:

Theology

In understanding be men (1 Tim 4:16)

Pastoral

My joy is the joy of you all (2 Cor 2:3-4)

Wisdom

Walk with wise men (Prov 13:20a)

History

The old path and the good way (Jer 6:16)

Biographies

He being dead yet speaketh (Heb 11:4b)

Contemporary

Earnestly contending (Jude 3)

Home

Godly heritage and spiritual legacy (Deut 6:7)

Testimony

Come and hear! (Psalm 66:16)

While most of the sections may be seasonal, the section on Theology will be a constant feature.

If you have a testimony or thanksgiving item to share, please send your contribution to Dn Adrian Poh hiswayisperfectforme@gmail.com or Dn Simon Chua chuahanyong@gmail.com.

Concluding thoughts

The strength in all that Christians do in life is dependent on their submission to the LORD according to Holy Scriptures. Wherein lies the secret of this strength? “*The secret of the LORD is with them that fear him; and He will shew them his covenant*” (Psalm 25:14). This means that every Christian has already been shown this “secret” when he accepted Christ as his Lord and Saviour, for the fear of the LORD is the beginning of knowledge, i.e. his salvation.

May we obey His holy Word so that the LORD our God will be with us, just as He was with Joseph, Daniel, and the faithful men of old.

May Christian men today be strengthened to lead spiritual lives, have spiritually focused familial relationships within their families and friends, lead spiritual conversations with their wife and children, and build a spiritual legacy and godly heritage according to Scripture in all their lives and also in their homes

Men of God, Arise! ✨



Rise Up Men of God Ministry

Mission

Building up godly and spiritual Christian men, husbands, and fathers in the Lord

Objectives

A Bible-based and Christ-centered ministry to help Christian men, husbands and fathers to:

1. Be skillful in the Word of God and strong in their faith
2. Be godly heads of homes to lead their wives and children to follow Christ
3. Encourage, sharpen and provoke one another unto love and good works

Contact Dn. Adrian Poh (9030 5803) hiswayisperfectforme@gmail.com or Dn. Simon Chua (8218 3570) chuahanyong@gmail.com for more queries.

Messages for 2021/2022

Stand fast! (2 Thess 2:1-17)
29th Jan 2022 (5th Sat)

Quit you like men! (Josh 1:1-18)
2nd May 2022 (Mon, PH)

Is your armour on? (Eph 6:10-20)
30th Jul 2022 (5th Sat)

All things with charity (Col 3:14)
24th Oct 2022 (Mon, PH)

Theology

In understanding be men

“Take heed unto thyself, and unto the doctrine; continue in them: for in doing this thou shalt both save thyself, and them that hear thee.”

1 Timothy 4:16

True wisdom principally consists of two parts—the knowledge of God, and the knowledge of ourselves. They are the apex of all knowledge.

Although these 2 branches of knowledge are intimately bound together by a mutual tie, it is necessary to first know and understand God in order to have a proper and accurate understanding of ourselves.

The knowledge of God comes from a study of God (Theology). Therefore, we must necessarily start with Theology. It is important that we study Theology in order to know the LORD our God.

The study of Theology can only start by the study of His Word. With the help and guidance of the Holy Spirit, we can know God through the study of His Holy and Precious Word. Knowing God will lead us to deeper devotion and greater love toward Him, and knowing His ordained will for our lives.

Meaning of “Theology”

“Theology” is derived from two Greek words: *theos*, meaning “God,” and *logos*, meaning “knowledge” or “word”. “Theology” is the study of God.

Theology is not like any other science. It is not to be studied like any branch of scientific learning. It cannot be put under a microscope for the seeing eye to examine. Rather it is to be studied by putting on the eye-glasses of faith.

No man can intrude into the study of God unless he is born again. *“Except a man be born again, he cannot see the kingdom of God”* (John 3:3). *“But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned”* (1 Cor 2:14).

“ The Bible does not attempt to prove that God exists. It simply asserts His existence.

What makes theology far above any branch of scientific learning is the higher teaching of the Holy Spirit. *“But ye have an unction from the Holy One, and ye know all things”* (1 John 2:20). *“But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him”* (1 John 2:27).

Theological Presuppositions

Three basic assumptions must be adopted for a beneficial study of theology. The theologian must

1. Believe that the 66 books of the Holy Bible are the inspired, perfectly preserved, infallible, inerrant, authoritative Word of God (2 Tim 3:16, 2 Pet 1:21);

2. Apply Calvin's three rules of theology, *viz.* "humility, humility, humility."
3. Accept the fact that God exists (Heb 11:6).

Scriptural Assertions for the Existence of God

The Bible does not attempt to prove that God exists. It simply asserts His existence (Gen 1:1).

The fool says that God does not exist (Psalms 14:1, 53:1). The Christian accepts the existence of God by faith (Heb 11:6). His faith is based on knowledge and reason:

Cosmological Reason (General Revelation-creation)

The word *kosmos* means "world". It is the argument from "cause and effect". How did the world come into existence? Who made this world? God did (Gen 1:1, Psalms 8:3, 33:6-9, 148:5, Acts 17:24, Rom 1:19-20). Can a watch be made without a watchmaker?

Teleological Reason (General Revelation-creation)

The word *telos* means "end", "outcome", or "aim". It is the argument from the design and purpose of the created universe. Man is living in a world which displays planning, order, and beauty. If there is a design, there must be a Designer (Psalms 19:1-2, Acts 14:15-17). Observe the order of the six twenty-four-hour day creation in Genesis 1. Consider also the design and function of the human body.

Anthropological Reason (General Revelation-creation)

The word *anthropos* means "human being", or "man as a moral being". This argument appeals to the spiritual and moral nature of man. Man is made in the image of God (Gen 1:27). As such he has:

1. **A knowledge of God.** Man is a spiritual being capable of worship. He knows there is a spiritual realm that he will go to when he dies, and a Supreme Being that demands his worship (Acts 17:22-23).
2. **A sense of morality.** He has a conscience. The ability to distinguish right from wrong is inherent within man (Rom 2:12-16).
3. **An expectation of judgment.** Depraved man is afraid of death because in his heart he knows that there is a great God who will judge and punish sin (1 Cor 15:56, Heb 9:27).

Application

The acknowledgement that God exists merely converts an atheist to an agnostic. Creation is sufficient to condemn both the atheist and agnostic but not enough to save them. It is more necessary to acknowledge the One Living and True God – the God of the Bible – Who alone is able to save man from his sins. Such an acknowledgement converts a sinner to a saint. ✨

Source:



[Jeffrey Khoo. *Fundamentals of the Christian Faith. A reformed and Premillennial Study of Christian Basics.* Far Eastern Bible College Press.](#)



[Timothy Tow and Jeffrey Khoo. *Theology for Every Christian. A Systematic Theology in the Reformed and Premillennial Tradition of J Oliver Buswell.* Far Eastern Bible College Press.](#)

READ and DISCUSS

Questions for you and your family:

1. Is it logical for man to say that God does not exist? Give reasons
2. If it is illogical to claim that God does not exist, why is it that intelligent man continues to deny or ignore His existence?

McIntire Maxims

Walk with wise men

“He that walketh with wise men shall be wise...”

Proverbs 13:20a

The Singapore Bible-Presbyterian Church traces one of her historical and spiritual roots to America because of Dr. Carl McIntire.

Dr. McIntire was the president of Faith Theological Seminary Board and a founding father of the Bible Presbyterian Church, USA. He was particularly articulate in speaking against modernism and liberalism in the 1930s.

Dr. Carl McIntire was among 29 young men who left Princeton Seminary together with Dr. J Gresham Machen and 4 other professors in June 1929. They left because the General Assembly of the Presbyterian Church of USA voted in 1929 to reorganize Princeton Seminary in the interests of liberalism. The General Assembly placed her in the hands of a Board that was supportive of the Auburn Affirmation — a document which attacked the Five Fundamentals of the Faith.

Dr. McIntire sounded a clarion call for a 20th Century Reformation. This 20th Century Reformation was represented in the founding of the International Council of Christian Churches (ICCC) in Amsterdam 1948.

McIntire served as the president of the ICCC. In that same year and same city, the World Council of Churches was founded, marking the beginning of the Ecumenical Movement.

What Machen did for the United States, McIntire did for the Christian world.

Dr. McIntire regarding the Christian faith...

“But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost, Keep

yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.” Jude 20-21

“To be built in the most holy faith requires personal knowledge and devotional study... We do not deal in theories. We do not talk about theories... We teach our young people the truth. And we do not judge our salvation based on experience. We judge our salvation on the basis of the Word of God.”

Dr. McIntire regarding God’s will...

“Hath the LORD as great delight in burnt offerings and sacrifices, as in obeying the voice of the LORD? Behold, to obey is better than sacrifice, and to hearken than the fat of rams.” 1 Samuel 15:22



“Men do not have to wait and to pray for God’s will when He has revealed it in the Scripture. His Word requires instant obedience.”

Dr. McIntire regarding foolish young people...

“Every wise woman buildeth her house: but the foolish plucketh it down with her hands. He that walketh in his uprightness feareth the Lord: but he that is perverse in his ways despiseth him.” Proverbs 14:1-2

“Any woman who compromises her principles in order to marry, any man who compromises his spiritual ideals in his soul in order to get some temporary gain, will pay the price. They will always suffer in the end.” ✨

Source



[Timothy Tow. *Disciples of McIntire*. Far Eastern Bible College Press.](#)

The Christian Home Godly heritage and spiritual legacy

Adapted from Dr. Tow Siang Hwa

“That thou mightest fear the LORD thy God, to keep all his statutes and his commandments, which I command thee, thou, and thy son, and thy son’s son, all the days of thy life; and that thy days may be prolonged.”

Deuteronomy 6:2



Family Worship and Devotion

1. Fix a time!

- Make it a commonly convenient time e.g after dinner
- Keep it sharp and focused. 15-20 minutes is usually sufficient — sometimes shorter, sometimes longer.
- Length of time is not the essence. Rather, it is more important to fix a time! This is a good and godly family tradition and habit to cultivate!

2. Find your family (and all who stay in your home)!

- Announce to everyone you have decided to start this godly tradition in your home, if you do not currently have such a habit at home.
- Share your desires with your wife first so she can support you and rally the family.
- Have a plan, and share your desire and plan with your family.
- Pray, prepare and persevere!

3. Find (and prepare) and share a verse!

- Do your personal daily devotion/Quiet Time

- You can start by sharing what you learnt from your personal daily devotion/Quiet Time
- As you know your family’s spiritual needs, adapt and prepare along the way.
- Do not abdicate your God given responsibility by delegating this to your wife or children when you are around!
- Set a good example so your wife will follow your example to lead the children when you are unable to be around e.g. illness, emergencies and exigencies of work or ministry
- Always pray and lean upon the LORD!

4. Find a tune!

- Sing a song or two (or many more if you have young infants and children)!
- Familiarise yourself with children’s songs and accompanying actions!
- Sing heartily and loudly from your heart and lips!
- Invite your wife or children who can play the guitar or piano to provide accompaniment. You can also use accompaniment resources such as <http://hymnpod.com>. Or sing acapella as well if you wish!

5. Fellowship one with another!

- Share about your day, what is in your heart, thanksgiving and prayer requests.
- Start with yourself then proceed from oldest to youngest! Involve everyone!
- Be patient and gently invite your wife and children to share their thoughts and lives with one another. It will take time for them to slowly adjust and be comfortable to share. Do not turn it into a time of admonishment or else the children will stop sharing.
- Do not be impatient. Be always ready to share and open up yourself more to your family and lead by example.
- You will be amazed how the LORD can help us get to know every individual of our family much better as they open their hearts and minds and lives in Christian fellowship!

6. Finally, always end in prayer!

- Pray for one another!
- You must lead in prayer. Do not delegate this to someone else such as your wife or children when you are around.
- You can pray for everyone and other prayer items that arise.
- You can also invite your wife or children to pray for some prayer items after you have led in prayer.
- Always remember the things you prayed for and the things your family requested prayer for. Follow up and ask them about these requests, and remind them to give thanks and persevere in prayer.

Always reverence the LORD, and help your family to enjoy family worship unto the LORD! ✨

The 3 R System of Scripture Memorisation (and Meditation)

1. **READ** (and **UNDERSTAND**) the verse or passage 5 times, aloud. Keep your eyes trained on the words. Do not look away!
2. **RECITE** (and **REMEMBER**). Look away, and recite the passage 5 times aloud.
3. **REVIEW** (and **MEDITATE**) the verse or passage aloud, 5 times a day for 5 days. When learning Scripture, always include the reference.

Adapted from



[Lynn Gray Gordon.](#)
[The World's Greatest Truth](#)
[Volume 1. Far Eastern Bible](#)
[College Press](#)

LISTEN TO A SERMON for the DAY

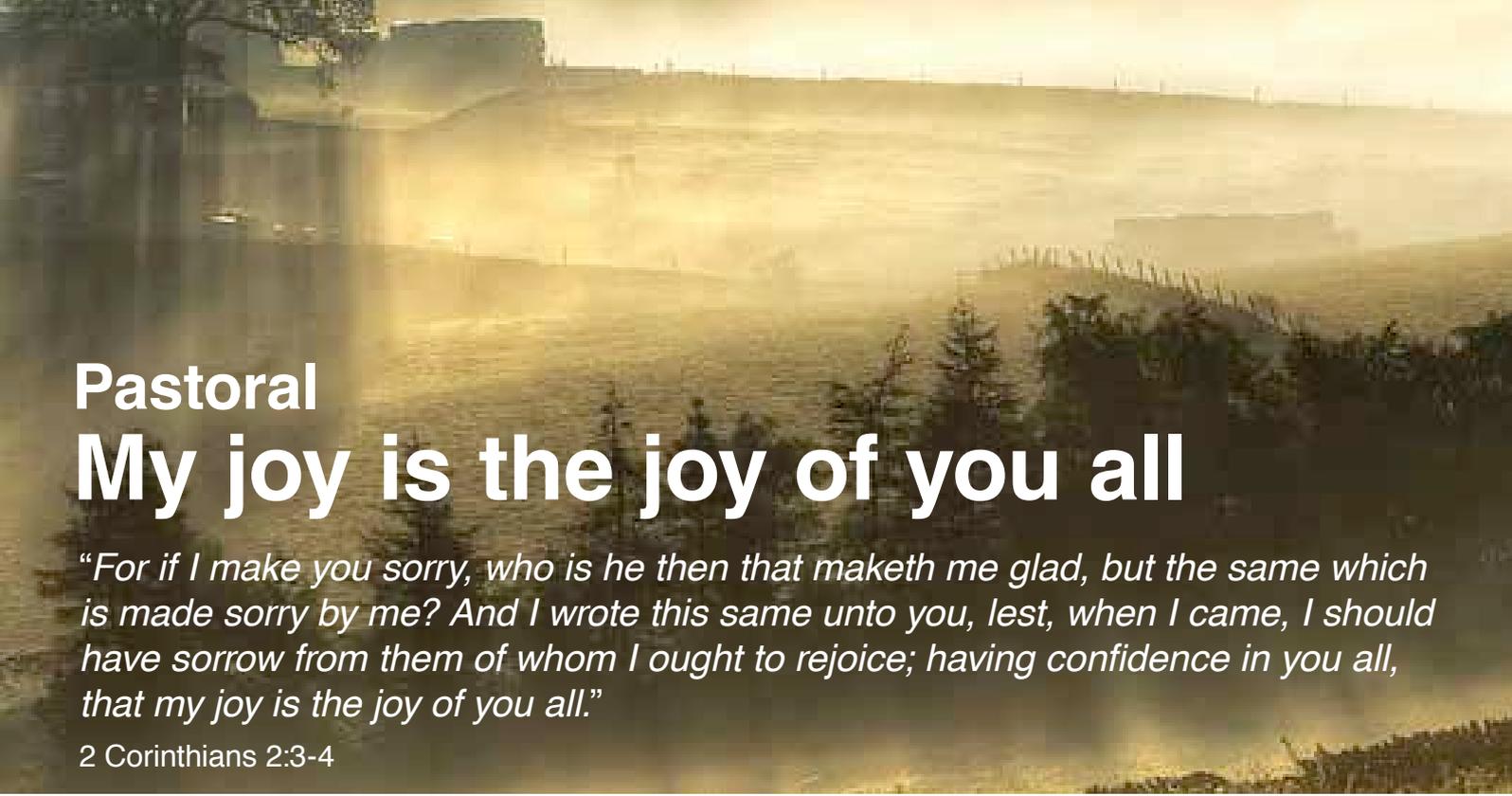
Going to work? Returning home? Perhaps you are on a bus, on the train, in a taxi or driving.

Why not listen to a sermon a day?



Subscribe to the Sermon for the Day channel on Telegram and receive a link to listen to each day's sermon on the day itself.

t.me/Sermon4Day



Pastoral

My joy is the joy of you all

“For if I make you sorry, who is he then that maketh me glad, but the same which is made sorry by me? And I wrote this same unto you, lest, when I came, I should have sorrow from them of whom I ought to rejoice; having confidence in you all, that my joy is the joy of you all.”

2 Corinthians 2:3-4

Everyone rejoices when a baby is born. His parents, in particular, experience immense joy and gladness at its birth.

The child is tenderly nurtured and lovingly cared for by his parents. They rejoice when the child grows up and becomes a strong and mature adult.

Paul’s pastoral heart yearns for his spiritual children to grow up spiritually like how parents yearn for their child to grow up and mature.

The manner in which Paul poured his heart to the Corinthian Christians reveals the heart of a pastor for his flock under his care. They brought him grief and joy. His love for them moved him to write unto them with much tears. His love for them was abundant.

We are all growing up spiritually and growing older physically, We never stop learning in this life. This is true for everyone – young and old alike. Life is a deep well of mysteries. We are learning something new everyday.

God our Heavenly Father puts us in this school of life. There is much to learn in this University of Life. After a thorough examination of this life, we ought to conclude that the end of the whole matter is to *“Fear God, and keep his commandments: for this is the whole duty of man. For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil.”* (Eccl. 12:13,14).

“For what shall it profit a man, if he shall gain the whole world, and lose his own soul?”

- Mark 8:36

Rev. Timothy Tow writes in a pastoral tone in this expositional study of the book of Ecclesiastes.

Lessons from the University of Life

The author of this Book is none other than Solomon, son of David, king in Jerusalem. It is a Book written in his old age, after years of delving into the mysteries of life, in quest of happiness and of life’s true meaning. He comes to the conclusion that all his labours “under the sun” come to nothing. “Vanity of vanities,” the Preacher says, “vanity of vanities, all is vanity.” All that is achieved apart from God is emptiness of emptiness. This reminds us of Jesus’ saying, *“For what shall it profit a man, if he shall gain the whole world, and lose his own soul?”* (Mk 8:36).

The world in which we live is a passing shadow. Life is but a vapour (James 4:14). It goes in a cycle as the sun rises in the morning and goes down in the evening. It is like the wind that blows southwards and returns to the north. This is repeated again and again. As rivers keep on flowing into the sea, but the sea is not full, life goes on

monotonously. Life is a laborious burden that brings no satisfaction. Under the curse of sin, man shall “eat bread in the sweat of his face” till he returns to the ground.

“ On the other hand, when a man receives Christ as his Saviour, he is delivered from living under the sun to above the sun.

There is nothing new “under the sun,” and when a man dies he is forgotten and the things that come after him, when they are gone will also be forgotten. Vanity of vanities! Take for example, President John Kennedy who was a very popular President of the United States. He was assassinated. In no time he was forgotten. His brother, Robert Kennedy, the Attorney-General, was killed after him. I saw their graves in Washington. But both are little mentioned now.

I, Preacher, was king over Israel in Jerusalem. I made a study on things that take place in this world and see men struggle in this life by God’s appointment. All their works and attainments measure up to nothing. The crooked things they cannot make straight, the things that are lacking they cannot fill up.

I am the wisest over all in Jerusalem, before and now. I have wisely studied the psychology of

people, even their mental sicknesses and stupidity to my own frustration. My conclusion is the more wisdom and knowledge you attain to study in these things, the more you are encumbered of vexation and sorrow. Vanity of vanities!

By way of application, all who are outside Christ, be they great politicians or simple folks, whatever they do comes to zero in the sight of God. Great men might have contributed much good to their country. But if they rejected the Saviour Jesus Christ in their lifetime it would profit them nothing.

On the other hand, when a man receives Christ as his Saviour, he is delivered from living under the sun to above the sun. He leaves man’s kingdom of darkness to live in God’s Kingdom of light. He lives now not for himself but for the glory of God. He may be a simple wage earner, but he serves the Lord with his tithes. He tries to extend God’s Kingdom with whatever service he can render, by joining the choir, teaching in Sunday School, or visiting mission stations to strengthen the hands of the missionaries. At home he devotes time to bring up his family and children in the fear and admonition of the Lord. He is not under the vanity of vanities, but he lives a vibrant life in Christ. ✨

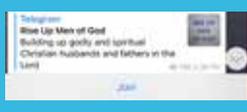
Source



[Timothy Tow. *Lessons from the University of Life: A Study of the Book of Ecclesiastes.* Far Eastern Bible College Press.](#)

We are on Telegram!

3 STEPS to keep in touch with the ministry!

-  **1** DOWNLOAD “Telegram” App
-  **2** SEARCH “Rise Up Men of God”
-  **3** Join the channel!

Alternatively, scan this QR code



t.me/riseupmenofgod

Join us on Telegram to receive messages from the ministry, that way you will not miss out on any important updates!